

Please prepare for our meetings spiritually and practically:

<u>Spiritually</u>: Please be in prayer asking the LORD to give you a teachable heart with eyes and ears open to see and hear. John Piper gives us a helpful model with the acronym IOUS.

- IOUS:
 - o <u>Incline</u> my heart to your testimonies, and not to selfish gain (Psalms 119:36)!
 - Open my eyes, that I may behold wondrous things out of your law (Psalms 119:18).
 - Teach me your way, O Lord, that I may walk in your truth; <u>unite</u> my heart to fear your name (Psalms 86:11).
 - <u>Satisfy</u> us in the morning with your steadfast love, that we may rejoice and be glad all our days (Psalms 90:14).

Practically: Please prepare the following materials and setting prior to our meeting.

- 1. Bring the Bible you are most familiar with (paper or digital).
- 2. Bring a means by which to journal and take notes (paper or digital).
- 3. Bring a folder to collect and keep track of handouts.
- 4. If meeting virtually please be sure to prepare the following:
 - 1. A quiet place to meet away from distractions and disturbance.
 - 2. A reliable internet connection (please test this in advance).
 - 3. Please be settled in this spot and ready to go at the start of our session.